

## About St Luke's Healthcare for the Clergy

Coping with ongoing health needs, whether their own or their family's, places extra strain on clergy who already deal with demanding ministries. They and their ministry can suffer, with adverse effects on the parish, the diocese and ultimately the Church's mission.

St Luke's provides high-quality, timely health and wellbeing services to Anglican clergy and their families. We help clergy get back to an active role in their communities as quickly as possible. Clergy and their families who have used our services tell us what a difference St Luke's has made to their lives and ministries.

**'St Luke's has given me a renewed enjoyment in life and has made it possible to regain a full ministry in the parish. Wonderful'**

Vicar

## Please support us

We are a charity supported entirely by donations. We don't receive any funding from the Church of England. A donation today or a gift in your will would enable St Luke's to continue to support clergy and their families.

### ▶ You can donate today by

- visiting our website and clicking on the Donate button at [www.stlukeshealthcare.org.uk](http://www.stlukeshealthcare.org.uk)
- sending a cheque to St Luke's Healthcare for the Clergy to the address below

### ▶ Support Thank Your Vicar Week

St Luke's Healthcare for the Clergy wants to say a big 'thank you' to clergy for everything they do for our communities – your parish, your Church of England school – and we need your help. Join in the celebrations!



### ▶ Thank Your Vicar Week...

- takes place every October, around St Luke's Feast Day
- provides churches and schools with simple, creative ideas to say thank you to their vicar
- encourages churches and schools to make a donation to St Luke's, as a tangible expression of support for their clergy
- visit [www.stlukeshealthcare.org.uk/events](http://www.stlukeshealthcare.org.uk/events) to find out more

☎ 020 7898 1700

✉ [admin@stlukeshealthcare.org.uk](mailto:admin@stlukeshealthcare.org.uk)

[www.stlukeshealthcare.org.uk](http://www.stlukeshealthcare.org.uk)

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# St Luke's

Healthcare for the Clergy



## St Luke's Healthcare for the Clergy

Caring for the health and wellbeing of Anglican clergy

[www.stlukeshealthcare.org.uk](http://www.stlukeshealthcare.org.uk)

## What does St Luke's do?

We support Anglican clergy and their families in two areas:

- physical health, including surgical and medical treatments
- emotional and psychological health and wellbeing

### ▶ How does St Luke's help?

Clergy can access St Luke's services as individuals, with complete confidentiality. We work with over 100 eminent consultant physicians and surgeons around the country who offer clergy their time free of charge. We work with trusted partners to offer additional services, including a confidential telephone counselling service.

**'A sincere thank you to St Luke's Healthcare for the generous, compassionate and efficient handling of my case'**

Revd Derek Spencer

### ▶ How do individual clergy access our services?

- Contact us if you or a family member are experiencing problems with health and wellbeing
- Our experienced medical secretary will ask you about your health issue, with complete confidentiality
- We will tell you if you are eligible for support from St Luke's – more than 95% of our enquirers are helped
- We will liaise with you and an appropriate honorary consultant for consultation and possible treatment

### ▶ What does it cost?

Nearly all support and treatment given through St Luke's is free to the beneficiary. Full details are available from our medical secretary.

**Please contact St Luke's for more information and help:**

☎ **020 7898 1700**

✉ **admin@stlukeshealthcare.org.uk**

🌐 **www.stlukeshealthcare.org.uk**



**'I'm really glad that my diocese gave me this opportunity – it's had a huge impact on me and on my ministry'**

Revd Nicky Fenton

## What wellbeing support does St Luke's offer?

St Luke's enhances clergy wellbeing by providing, via the dioceses:

- resilience training workshops
- expertise to establish Reflective Practice Groups

These resources give clergy the tools to build their emotional resilience and mental wellbeing, and an opportunity to reflect on their ministry in a 'safe' environment, resulting in clergy being less likely to experience excessive stress. Together with a growing network of partners, St Luke's aim is to help clergy to take care of themselves so all their energy and talents can be used in their ministry.



See our short film featuring Nicky and Derek at [www.stlukeshealthcare.org.uk](http://www.stlukeshealthcare.org.uk)